



COMMUNITY EVENTS

- Pendleton Round-Up, Round-Up Arena, PROMPTLY at 1:15.
- Happy Canyon Night Pageant, Happy Canyon arena. 7:45 p.m.
- Main Street Cowboys' Greatest Free Show In The West, Main Street. Vendors noon to midnight / Entertainment 5 p.m. to midnight
- Westward Ho! Parade, Starts at SW 10th & Dorion, heads to the Round-Up arena. 9 a.m.; arrive early to stake out your spot on the curb!
- American Indian Beauty Contest, Court and Main Street, downtown. 8 a.m.

ODS MAIN STAGE

8 - 9:30 James Dean Kindle and the Eastern Oregon Playboys

BIKE SKILLS CLINIC

6:15, near the Bike Gallery tent. Tonight: Open Q&A session

TODAY'S MENU

Breakfast

- Biscuits and Sausage Gravy
- Chicken Apple Sausage Links
- Scrambled Eggs
- Red Potato Hash Browns
- Hot Oatmeal
- Bagels, Fruit, Cold Cereal,
- Yogurts, Granola

Lunch

- Roast Turkey with Cranberry Cream Cheese or Half Pecan Pattie with Spinach and Sprouts on Dave's Killer Good Seed Bread
- Cabbage Salad
- Natural Potato Chips
- Nutter Butter Cookies
- Fruit

Dinner

- Beef or Vegetable Tofu Ragout
- Mafalda Noodles
- Malibu Blend Vegetables
- Whole Wheat Dinner Roll
- Salad Bar
- Lemon Bars

This is the page where we have a little extra fun. If you have a message for someone, just jot your thoughts onto a scrap of paper and deposit it in the special drawer on the counter at the Rider Services trailer.

SPECIAL OCCASIONS...

Happy belated birthday to Rhett Bender.

Happy birthday Penny Olsen - Love, your fellow Candlelighters

Celebrating our 8th anniversary on CO is just as exciting as our first. Love you more with every mile pedaled. - Little Wing

Snuggle Puppy: You warm my heart and my tent. Happy 2nd anniversary and 2nd CO! - SP2

Happy 10th birthday, Derek "D" Leneve! - Love, your family

Happy B-day Bob!

Happy (belated) birthday, Nancy!

AND OTHER THOUGHTS

Nihon no kata: Yookoso! Ii tabi shite kudasai. (Folks from Japan: Welcome! Have a great ride.) - Susan

"This area should be named 'The Land of the Eternal Headwind.'" - Anonymous

THANKS!

Thank you to Rider 2254 for stopping to give me a boot on Wed. You were a lifesaver!

Thanks to Barry for rescuing me and my dead battery.

Thank you to the road crew and the sign team - great, clear signage, and enjoy the humor!

LOST STUFF

Lost in Waitsburg: digital camera, between The Blogmobile and the ball field. Badly missed; reward for return to Rider Services. - Rider 617

Bike socks from Col. Rocky Mtn. Bike Ride - text 414-651-6155.

Did you "borrow" my black Rainbow flip-flops? Please return to Rider Services.

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DAY 6: PENDLETON LAYOVER DAY

TODAY'S RIDE

Note: In order to accommodate the 1,700 people with rodeo tickets, course hours will be different today. The course will open at the normal time of 6:30, and if you're attending the rodeo you should be on-course by 9. At 9 we will begin pulling signs, and the course will be supported only until 1 p.m. You're welcome to ride the course anytime today using your map, but just be aware that support ends at 1. And please note that lunch is served only on-course today.

Today you'll travel north to Despain Gulch and then ride west to the edge of Stanfield. After crossing I-84, lunch will be provided in Echo. After lunch, the route follows Old Highway



Round-Up Week offers a sampling of Native American culture.

30 back to Pendleton, with the river in view most of the way. Approximately five miles after lunch is a small interpretive area where ruts from the Oregon Trail are still visible. This spot is on the left side of the road, and requires a short walk.

**PASS IT ALONG!
IF YOU DON'T NEED TO KEEP THIS PAPER, LEAVE IT ON THE TABLE!**

ELEVATION CHART



Day 6 - Pendleton Echo Option

This is the page where you'll find important information, good stories along the way, and anything else we think you should know.

OPB SHOW TODAY!

Don't forget that OPB's **"Think Out Loud"** will be broadcasting live from Pendleton this morning. First 40 people at the Community Room at City Hall for the 8-9 a.m. taping get in.

BIG T-SHIRT SALE!

Starting today you can get a set of all five community **"Passport T-shirts"** for just \$60 - a 40 percent discount. Go to CO Retail and pick any mix of towns and sizes - perfect for presents for those folks back home!

DAY 7 VIDEO PREVIEW

Tonight you'll have a chance to see the full glory of what you'll be riding tomorrow! **Torsten Kjellstrand**, photographer for The Oregonian, will be showing a video of the Day Seven route, at 7:45 in the beer garden, just after announcements.

NOTES FROM THE ROAD

People met along the way: **Barb and Ron Douglas** from Spokane, on their second CO. They've done RAGBRAI, Ride the Rockies and European tours, and think Cycle Oregon is the best organized of any of them

("and they have the best showers anywhere!" adds Barb)... an anonymous rider Thursday morning in Waitsburg, one block off the course, fully kitted out and astride the bike, lighting up a last cigarette before the ride... **Nick, Ben, Gayle and Tom** from Portland, their second time on CO as a family unit. Nick, who's 9, is riding most days on the back of a tandem with Dad; Ben (12) and Mom are on their own bikes. Nick's highlight? "Going 44 miles an hour down the hill on Day Two." Ben: "It's how you feel good at the beginning of the day, tired in the middle, but then good again at the end." They're all thankful to **Grandpa Robert** for driving the motor home... A note: The **riders from Maine** would like to dedicate their ride to **Jay Moody**, who passed away last January after living with prostate cancer for 7 years and riding CO in '06, '07 and '09, loving the scenery and the cycling but mostly the camaraderie with the incredible number of friends he made along the way... ... Rider 1658 is looking for fellow backpackers after CO to hike in the Wallawas; leave contact info at Rider Services if you're up for it.



The people of Waitsburg giving some big love to Cycle O.



Cuteness like this can't be faked.



Prediction: Bike Jousting will become bigger than cyclocross.



When the music hits, you just gotta move your groove thing.



Any [electrical] port in a storm...



Day Five was a roller coaster of open country.



Susan knows how to move her hips for the hoop.



A man, a car and a chicken. And this isn't odd on CO.

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EXTRAORDINARY BEERS