

COMMUNITY EVENTS

There are so many activities available in Waitsburg today that we can't possibly list them all. Many required advanced reservations, but some are likely to still be available. We suggest you check in with the community booth to see what options are still open.

ODS MAIN STAGE

- 2 - 2:30 Abby & Molly
- 2:30 Tammy Weppler
- 3 - 4 Soul Status
- 4 - 4:30 WHS Pep Band
- 4:30 - 5:30 Rye Grass String Band
- 5:30 Farmers Paradox
- 6 - 6:30 Janet Ihle
- 8 - 8:30 BIKE RODEO presented by the Bike Gallery
- 8:30 - 9:30 White City Lights Band

BIKE SKILLS CLINIC

6:15, near the Bike Gallery tent.
Tonight: Gear shifting

TODAY'S MENU

Breakfast

- Pancakes
- Grilled Bacon
- Scrambled Eggs with Vegetables and Cheese
- 7-grain Hot Cereal
- Bagels, Fruit, Cold Cereal, Yogurts, Granola

Lunch

- Roast Beef and Provolone Cheese on Dave's Killer 21 Grains Bread or Mediterranean Pita with Tempeh, Feta and Vegetables
- Red Potato Salad
- Natural Potato Chips
- Chocolate Chip Cookies
- Fruit

Dinner

- Grilled Northwest Salmon with Dill Butter Sauce or Chilaquiles
- Pearl Couscous and Grains
- Venetian Blend Vegetables
- Whole Wheat Dinner Roll
- Chocolate Truffle Cake

This is the page where we have a little extra fun. If you have a message for someone, just jot your thoughts onto a scrap of paper and deposit it in the special drawer on the counter at the Rider Services trailer.

SPECIAL OCCASIONS...

Leslie: 2008 - our honeymoon. 2009 and 2010 - anniversaries. It's still a honeymoon to me. Love, Frank

Happy 19th anniversary, Richard and Tara.

Happy birthday Francie from Dublin, CA - Your domestique

Happy 8th anniversary to Laura and Claude Sakr.

Happy anniversary, Christy! I found my foxy.

Happy 40th birthday to Jennifer Waskow!

Happy 20th anniversary, Alan and Monica!

Congrats to Kasi and Dan, honeymooning on CO as part of team Soar-Ass.

Happy belated birthday to DoDo, aka Crank Sister #2, from Kickstand and the other two Crank Sistas!

AND OTHER THOUGHTS

Thanks for helping me through my first century, Pappi. - Your ever-loving daughter.

To the Dutch Rudder: There is a surprise gear drop waiting for you.

Please check with CO Retail for Pendleton blankets: Riders 183, 829, 1026 and 1560.

To the beautiful woman in the blue tent: From your snoring I know I want your lungs stoking my tandem. Let's talk. I won't tell my wife. - Captain Randy

Ove and Georgia from Alaska: Your smiles and Bike Fridays are inspiring us again this year. - Kathleen and Miki.

DAY 4: WAITSBURG LAYOVER DAY

TODAY'S RIDE

Riding a layover day route is essentially the same as any other day - with the obvious difference that you have to make sure you come back to where you started. Today's loop heads for Walla Walla, center of a burgeoning wine region. There are upwards of 150 wineries in this area these days, and many are award-winners. Along the roads between the two towns you'll pass lovely old farms with brightly painted barns and houses as you climb up and over the rolling hills that surround Waitsburg. This is wheat country, and the sky seems a little bigger out here. The route is relatively short without excessive climbing, so that you'll have time to linger in Walla Walla, visit winery tasting rooms or just stroll through



Downtown Walla Walla is not just a cool place to hang out - it's a wine lover's paradise.

the historic downtown area before heading back to camp. Tomorrow we'll take a different set of roads on our way through Walla Walla, so soak in today's scenery while you can.

**PASS IT ALONG!
IF YOU DON'T NEED TO KEEP THIS PAPER, LEAVE IT ON THE TABLE!**

ELEVATION CHART



Day 4 - Waitsburg Walla Walla Option



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This is the page where you'll find important information, good stories along the way, and anything else we think you should know.

PICK UP YOUR TICKETS

Today is the day you can pick up your tickets to the Round-Up and/or Happy Canyon. From 8 a.m. to 8 p.m., come by the special tent next to Rider Services. One person can pick up tickets for a group; just bring a list of names of those in your group who pre-ordered tickets.

REVERSE GEAR DROP

Today we're offering a unique "reverse gear drop." Drop your regular clothes/shoes at Rider Services between 5:30 and 9:00 a.m., and they will meet you at lunch in Walla Walla so you can hang out in comfort. Just have everything back for the return trip by 3 p.m.

MERCHANT DISCOUNTS

Look for special discounts at merchants in Walla Walla displaying the Cycle Oregon logo, including **Allegro Cyclery, Book & Game Co., Colville St. Patisserie, Lost Boardroom, Pete's Sport Shop, Sapoll Cellars** and **Walla Walla Bread Company.**

GET A TOWN T-SHIRT

Our special "Passport T-shirts" are available through Cycle Oregon Retail. If one of our host towns (just one?) makes a great

impression on you, memorialize your experience with a wearable keepsake.

NOTES FROM THE ROAD

People met along the way: **Penny, Richard, Jim, George and Margo.** I stopped to talk to Penny because her license plate said she was from Kazakhstan, but the story got even better. First of all, yes, she is living in Kazakhstan; Richard (her husband) is a geologist, and that's his current job site. Wherever he's working, they come to Cycle O; this trip was the longest yet. But there's more: Jim (Richard's brother) set up a situation where Richard is riding a tandem with George (Margo's husband; stay with me here...). George is blind, and Margo says there's an entire team of folks helping make this trip possible for him - led by Richard captaining the tandem. And you'll never guess what Richard and Penny's last name is: Hook. That makes him Captain Hook. And that, my friends, is a good Cycle Oregon story.

FREE JERSEY INFO

Today's lucky winner of a "Two & Oak" jersey from Stoll Berne is rider #1013.



You're ALWAYS happy to see the food-line ladies.



The photo shows you the kind of energy the Kingpins put out.



Riding through the wide-open spaces of the Palouse.



There's nothing like a cold chocolate milk at the end of a long day.



Those rascals on the sign team are up to their tricks again.



Such a beautiful way to start the day, pedaling along the river.



Brett shows one situation calling for crash avoidance.



Someday this land will all be covered by water again.

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EXTREMELY GOOD BEERS