

**COMMUNITY EVENTS**

- Commemorative three-dimensional art pieces by local Sutherlin artist Colleen Hanks – 7" x 10" images reflecting elements of the "Going Coastal" ride. \$35; email sutherlin-100years@yahoo.com.

**ODS MAIN STAGE**

11 a.m. – 12:30 p.m: Irish Crème  
12:30 – 1:15 p.m: The Hanson Family Singers  
1:15 – 2:15 p.m: Oregon Old-time Fiddlers  
2:15 – 3 p.m: The Hanson Family Singers  
3 – 5 p.m: Eddy Ross Band

**TODAY'S MENU**

**Breakfast**  
Filled Pancake Rolls  
Grilled Bacon  
Scrambled Eggs  
7-Grain Cereal with Toppings  
Bagels, Fresh Fruit, Cold Cereal, Nancy's Yogurt

Hard Boiled Eggs  
**Lunch**  
Pulled Pork  
Veggie Burgers  
Cole Slaw, Baked Beans  
Kettle Chips  
Brownie  
Apples and Grapes

**BUS AND BAGGAGE**

If you're taking the bus home, here's some vital information: This morning, make sure to attach the yellow Tyvek band (it came with your bus ticket) to your bag so that it goes to the bus staging area. This applies to both Tent City and Tent & Porter riders.

When you get to the bus staging area in Sutherlin, your bag will be there, along with showers, so you can make your transition.

Oh, and if you lost your Tyvek band, see Rider Services.

**OSU EXTENSION (CONT.)**

Top three most common questions I was asked:  
Q: "If you work for OSU, why is your bicycle Duck-colored?" A: Those are classic Independent Fabrication colors; I had gotten the bike before I moved to Oregon.  
Q: "Why were there bales of straw/hay along the road (Cottage Grove-Reedsport)?" A: Straw is often laid out to reduce the impact of water runoff, reducing erosion and sedimentation that reaches streams. This is especially important in fish-bearing streams, as silt will settle on and suffocate fish "reds," – fish eggs laid on stream bottoms and covered with pebbles and rocks.  
Q: "What does Oregon Myrtle look like?" Myrtle (also known as California laurel) makes all those fabulous turned bowls, cutting boards and furniture. It's a shrubby tree with multiple tree trunks. The fragrant leaves look much like bay leaves. I hope that when you return to your homes, you remember that there's an Extension Service in whatever state, whatever

county you are in. They can help you with anything from gardening to nutrition, personal finance to agriculture."  
--Cheers, Nicole Strong

**CLASSIFIEDS**

**Birthdays**

--Happy Birthday #49 Gudrun, from Tiger Thomas and Phil.  
--Happy Birthday Christie D. from your Northwest Butts on Bikes friends.

**Miscellaneous**

To CNP1: We've pulled together for 44 married years. Thanks for the extra pull on Thursday and for fixing the flat. --CNP2

Thanks to the Bike Gallery staff, I was able to "Go Coastal" and not "Postal" this week. I've almost reached the finish line!  
--Judy J.

Single female seeks same for friendship, Widmers and possible canoodling in remote sections of Tent & Porter at future Cycle Oregons. I'm tall, brunette and riding a Trek. Say "hello!"

**DAY 7: RIDDLE TO SUTHERLIN**

**TODAY'S ROUTE**

**"Water to Wine"**

Today's finish reminds you of the diverse splendor of Oregon riding. You'll pass pastures of sheep, cattle, llamas and horses. You'll fly by lumber mills, roll through river valleys and ascend along hillside vineyards. The middle part of the day follows a local wine-tour route, including a stop at the picturesque Melrose Winery for lunch. After the rollers spill out into a broad valley, you'll follow gently rolling swells into Sutherlin, capping a memorable week.

**KEN'S CORNER**

Can you believe it? Only 52 miles left and the week is over. Traffic for most of the day should be minimal, and nearly all the roadways have good shoulders. Because lunch is at the finish in Sutherlin, there are two rest stops and two water stops today (and half those stops are at wineries). Previous information has talked about a number of really worn railroad crossings after leaving Myrtle Creek. Great news: All of them have been repaired and are now in great shape.



There's no doubt: You're back in Bulldog Country today.

Fortunately – or unfortunately, depending on your view – the two really steep (short) hills are still there. As the week is about over, and everyone is sharing the road and riding as great ambassadors for cycling, there's no need to mention all the safe riding habits I've harped about all week. So, see y'all next year for the 25th Anniversary ride (it's gonna be great!).

**GO GREEN: THANK YOU!**

Thanks to your re-use ethic this week, we saved 10,000 sheets of paper. We truly appreciate it.



**SPONSORS**



## NOTES AND NEWS

Here you'll find important information, good stories along the way, and daily features.

### BLM BOUNTY

Forests of fir, pine, cedar and hemlock tower over streams and rivers in the beautiful public lands of southwest Oregon.

--Cavitt Creek Falls: This site is a favorite of the locals, surrounded by a forest of fir, maple and oak trees with a large swimming hole that sits at the base of a six-foot waterfall on Cavitt Creek. Trout fishing is open from May 22 - Sept 15 on Cavitt Creek and nearby Little River, with artificial flies and lures only.

--Wolf Creek Falls Trail: The 1.2-mile forest trail leads to two dramatic waterfalls that rush over rock cliffs and plummet into basins below. An accessible trail leads to a serene picnic site under a beautiful forest canopy.

### TWO & OAK CYCLING

The new Two & Oak black kit was on the road for the first time yesterday; did you see it? From everyone at Two & Oak Cycling, we hope you had a great ride (we did!), that you will continue to support cycling and organizations like the Community Cycling Center, and that you come back next year for

the 25th Anniversary edition of Cycle Oregon. See you on the road!

### SURVEY SAYS...

By the time you get home, the Cycle Oregon survey will be online and ready for you to fill out (you'll also get an email about it). This survey is invaluable to us.

And there's another survey we need your help with. A week after the first email, you'll get another encouraging you to complete a survey that will help measure the economic impact of cycling events locally, on the state level and nationally. This kind of data doesn't currently exist, and without it cycling advocates have a hard time convincing legislators to allot funds to alternate transportation projects. So help us out - and help cycling out as well.

### OSU EXTENSION

From Nicole Strong: "Thank you so much for the opportunity to share in your adventures this week. You have all astounded me with your perseverance, kindness and great stories. (Cont. on "Classifieds")"

## PHOTO ALBUM: DAY 6



*A moment of triumph is best shared with others.*



*Some volunteers come in smaller packages than others.*



*Tongue Zumba - the newest exercise craze nationwide.*



*You've gotta take the time to take in the views.*



*Powers was an idyllic spot, in more ways than one.*



*Day 6 was a memorable route, for its beauty and its beastliness.*



*Folks were all smiles at the Day 6 finish line.*



*And with this visual sentiment, we bid you farewell until 2012.*

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