

NOTES FROM THE ROAD

Each day of the ride, you'll find a few stories here about people we've met along the way, or something interesting about a host town, or whatever miscellaneous thoughts cross our mind.

ON THE ROAD

Almost more stories than we can fit here:

Team Crab, a subject of much interest among other riders. In talking with **Karl Almquist** of Whittier, CA ("Hammer Crab" - they all have names), he tells me that the group has 21 riders this year, they don't all wear their crab hats on the bike but mostly do in camp, there's a broad range of ages, they enjoy skinny-dipping and painting the men's toenails, and that anyone can hang out with them. You, too, could be a crab. Two new nicknames forged in the middle of the event: **T-Bone**, for the rider who ran into a cow on the Hells Canyon day (both rider and cow are OK; no truth to the rumor about that night's beef feast) and **Spider Man**, who got several spider bites while sleeping that eventually got pretty bad. The good news is that now he can climb hills like they're walls. **Rod, Steve, BJ and Joey**, high

school buddies from Alaska who made a reunion of the ride. Joey, who lives in Redmond, talked the other three, who live in Eagle River, AK, into coming down. **Eliane** from San Mateo (originally from Switzerland), a first-timer who heard about CO on a tour across Nevada. She's riding with her husband, who was "riding way ahead. He says, 'I'll see you in camp.' That's how our marriage works." The **Baja Bikers**, a group of women who were on a kayak trip in the Sea of Cortez in 2007 when, one evening after "three or so" margaritas, all vowed to do Cycle Oregon 2008. There are four women, ages 45, 63, 68 and 70, and one husband, also 68. **Amy and Matthew Hickey** of Portland, who brought their 5-month-old daughter **Madeline** along and are taking turns riding and babysitting. "She's grown accustomed to the smell of bike grease," Matthew says, "and she's fascinated by spinning wheels."

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PHOTO GALLERY: DAY FIVE



Dinner and live music... this is a high-class event all the way.



So what if the karaoke singer can't carry a tune: we can still dance.



Once you travel with a Bike Friday, you'll understand.



Looking 3,000 feet down on where you rode yesterday: priceless.



How many more climbs do we have today?



She loves rock and roll. He loves an audience. That pretty much sums it up.



Day 5 on a single-speed - that's either truly tough... or insane.



Even when it's not that cold, a fire still feels good at lunch.

PALEO LANDS DAILY

“GEO-DESCRIPTION”

The Wallowas have been uplifted almost 7,000 feet along the Wallowa Fault. The highest peaks, Sacagawea and Eagle Cap, are about 10,000 feet. Glaciers carved spectacular scenery, retreating for the last time only 14,500 years ago. The lake and its moraines are unrivaled, world-renowned examples of a glacial moraine system.

ODS MAIN STAGE

- 1 - 2: Forum: The Moraines: Precious Heritage
- 2 - 2:20 Gail Swart (Pianist)
- 2:30 - 2:50 Craig Nichols (Poet)
- 3 - 3:10 Prairie Creek Girls
- 3:15 - 3:50 Jacob Schoen
- 4 - 4:50 Songs from the End of the Road (Singer-Songwriters)
- 5 - 6 Brady Goss
- 6:45 - 7:20: Bike Skills Clinic
- 7:30 - 8: CO Announcements
- 8 - 9:30: Marv & Rindy Ross Duo / Quarterflash

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TODAY'S MENU

Breakfast

Filled pancake rolls
Scrambled eggs
Bagels with spreads

Lunch

Tuna or egg salad
PB & J
Carrot raisin salad

Dinner

Grilled NW salmon or tofu w/ lemon white wine sauce
Wild rice blend
Buttered carrots and broccoli
Roll
Chocolate cake

COMMUNITY EVENTS

Today in Joseph

In collaboration with a variety of local groups, we're offering a panel forum and guided hikes/walks. The forum, from 1 - 2 p.m., is titled "The Moraines: Precious Heritage," on the OSD Main Stage. There are also four different free hikes, each held at 10:30 and then again at 2:30: choose from topics including moraine geology, forestry, Nez Perce culture and Wallowa County history.

BIKE SKILLS CLINIC

Brett Flemming

Tonight Brett will hold an open Q&A session, taking on all your questions - the bike-related ones, that is.

To place a Cycle Oregonian Classified, jot your thoughts onto a scrap of paper and deposit it in the special drawer on the counter at the Rider Services trailer.

Um, "Lucky As Hell?"

Wanted: the correct bike lingo for totally, totally losing it at 35 mph on a recumbent but pulling out safe. Post to "Jen" on the bulletin board.

Relationship Problem?

Tandem for sale: Slow up hills. With stoker, \$500. Without stoker \$1,000. --The Captain

T-Bone Says Thanks

Cow Tipper: Thanks to paramedics Patrick, Jeremy and Helen for great attention and care through the pain and nausea. But biggest thanks to Chuck and Ann; gracious, patient and caring. Way to go all of CO!

Exotic Livestock

Special thanks to a pair of zebras who towed me up and back Hells Canyon. --Thanks, Bob Lucas

CO Inspires Haiku

Socrates said fair is the prize and great the hope
Keep on pedaling.
--CD

Cellphone Camaraderie

Karen: Thanks for letting me use your phone card in Halfway to call my mother on her 82nd birthday when I had no cell service. --Jan in Retail

A Handful of Love

Big: Thank you for inspiring me always. This was the trip of a lifetime. ILU. --Handful

Today's Inside Joke

Cowabunga, Ken, dude! You may want to get tested.
--Bart

Today's Occasions

Happy 51st to my best buddy Teddy from Calgary. Ride on, "Moose."

Happy Birthday to Sue Oliver, 68, a first-timer from Seattle. You're doing fantastic.
--Love, Ray

CO Massage Team: It's been an honor working with all of you for 20 years - thanks.
--Love, Sande

Chico Yvonne and Jimbo: Happy 30th anniversary. Did you ever think marriage could be so much work?

Margaret: Thanks for your love and support, and for being there at some very celebratory times. --Herman, the Lone Rider

Gary: Happy 40th from the R.V. Bunch!

Dear Pokey-Bearchen: Thank you so much for doing Cycle O with me. Here's to many more. I love you! --Chen-Chen

TODAY'S RIDE

It's not like you don't have plenty of options today: tram ride, hiking, cruising the main drag of Joseph, swimming in the lake, or maybe all of these. But if you've got a good rhythm going - get up, ride, play - there's a nice exploratory route for you today.



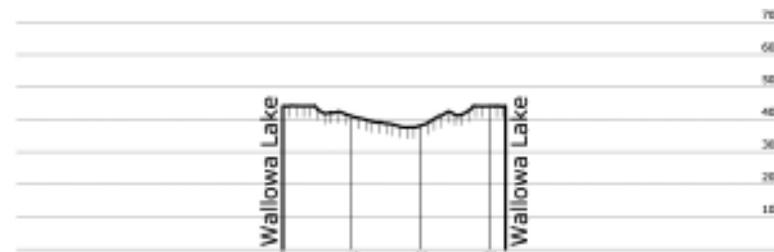
If that's not a bucolic lakeside view, we don't know what is.

The basics: ride into Joseph, loop out west and back into Enterprise for lunch, and then complete the loop back to Joseph and along the lake. It's kind of a lollipop ride in terms of route, with a few hundred feet of climbing after lunch.

Now, some interesting geological facts: You'll start out with a spin back along the lake the way you came in. Ponder the fact that a mere

14,500 years ago this road was under 500 feet of glacial ice. Just after Enterprise, road cuts expose 14-million-year-old volcanic rock. And Hurwall Divide in the Wallowas is carved from 225-million-year-old sea-floor volcanic and sedimentary rocks.

ELEVATION CHART



Day 6 - 32.2 Mi (51.8 K) - 1,105 Ft. (337 M) Elev. Gain