

NOTES FROM THE ROAD

Each day of the ride, you'll find a few stories here about people we've met along the way, or something interesting about a host town, or whatever miscellaneous thoughts cross our mind. Today, let's start with some of the great information and activities available at Wallowa Lake tomorrow on Layover Day.

OREGON PALEO LANDS INSTITUTE PROGRAM

If you don't have specific plans for the Friday layover, take some time to learn about the incredible and interesting history and geology of this particular corner of Oregon. Oregon Paleo Lands Institute (OPLI) will be offering a cornucopia of educational opportunities, including an optional ride route accompanied by an explanatory map, as well as both walks and talks about the unique glacial moraines surrounding Wallowa Lake. Stop by the green OPLI tent in camp to get specific information.

ON THE ROAD

People, moments and stories:

The **Haugen family** of Oregon City - mom Gay, dad Scott (7 times on CO), son Hunter, 22 (6 times), daughter Andie, 19 (3 times), son Grayson, 16 (5 times) and son Cale, 14 (first

time). Mom's driving, doing team support, and the rest of the family rides at their own speeds. And how does Andie like living, training and riding with all those males? "I wouldn't trade one of them for a sister." **Unicel** in Baker City gave a rider a free loaner phone (activated) after he crashed and mangled his. They told him, "Just mail it back when you get home." CO rookies **Kathy and Ernie Long** of Sacramento, celebrating their 50th birthdays, and struck by the "overwhelming friendliness" on the ride. **Team Turtle**, started on CO IX by three women - Turtles 1, 2 and 3. This year they let a husband join - Boy Turtle. Slogan: "We're not fast, but we get there." **Phil** from Portland, who took a minor spill and opened a gash on his finger. A SAG van came along and the driver used what he had, applying the universal stopgap: duct tape.

PHOTO GALLERY: DAY FOUR



The residents of Halfway take us 100 years back in time.



"We're going to smell a whole lot better tomorrow."



One good reason to ride with your head up: scenery.



Who knew? He's actually living in Halfway.



Another day of pedaling in paradise.



"Yeah, I'm a horsewoman. You got a problem with that?"



Domestic bliss, green style: She pedals to power his razor...



...and he supplies a smooth-faced kiss.

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PALEO LANDS DAILY

“GEO-DESCRIPTION”

Climb through red-brown Columbia River basalts; these rocks, erupted 16 million years ago from vents in the Wallows as fluid lava, covered most of eastern Oregon and Washington. They line the Columbia River Gorge; some flowed to the coast. At Salt Creek Summit, view the 23,000 acre Canal Burn (1983).

ODS MAIN STAGE

- 3:15 - 4: Wallowa Lake mo- raines
- 4 - 4:20 Community Chamber Players (Chamber Music)
- 4:30 - 4:50 Auburn Isaak (Indie Folk)
- 5 - 6 Hardtop Ramblers (Folk Rock)
- 6:45 - 7:20: World Famous Bike Gallery Bike Rodeo!
- 7:30 - 8: CO Announcements
- 8 - 9:30: Tony Furtado Band

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TODAY'S MENU

Breakfast

Biscuits and gravy
Sausage links
Eggs

Lunch

Grilled chicken breast on focaccia
Black bean burger w/cheese
Potato salad

Dinner

Penne pasta with meatballs or veggie meatballs
Mixed veggies
Garlic bread
Apple pie

COMMUNITY EVENTS

Today in Joseph

Both days that we'll be in Joseph, you'll have the chance to ride a pontoon boat on Lake Wallowa. For just \$15 you can venture out on the lake and take in the surrounding splendor from the water level. There will be pontoon-boat rides at 11, 1, 3 and 5 each day, along with other boat options available. Check the community booth or wallowalakemarina.com for reservations or more info.

BIKE RODEO TIME!

Tonight you can witness the one-of-a-kind, totally fabulous, mind-blowing Bike Gallery Bike Rodeo. Do NOT miss this.

To place a Cycle Oregonian Classified, jot your thoughts onto a scrap of paper and deposit it in the special drawer on the counter at the Rider Services trailer. We can't always fit them all, but we do our best.

A Two-Part Romance

You were my prom date at Redwood HS in 1973. We parted ways, but you found me 32 years later. Happy one-year anniversary, Bob Fulton. Thank you for keeping track of me in life and on the road. --Love, JDubs

A Real Classified Ad!

For sale, one bus pass, leave 4 pm Sat. for Portland. \$50, one only. Leave message for rider #964 on the message board or find Team Tortoise.

A Family Affair

To my 20-something daughters: Thanks for flying out from Boston to make it a GREAT Cycle Oregon. --Love, Dad

A Touching Tribute

To Big Duck, Cupcake and Deputy Dawg: Thanks for carrying me through treatment, pulling me through training and getting me to CO. It's been a hell of a ride! Love you all. --H.S.

More Occasions

Todd: Happy Belated Birthday! I hope you're enjoying your first CO.

Jamie: Happy 22nd Anniversary - I love you! --Greg

Logistical Matters

Providence employees meet at 8 am on Day 6 in front of Rider Services for a group photo for the Spirit.

Beth from Oakland is going to upload her CO photos to Flickr.com, and encourages others to use the same tags she'll use: CycleOregon2008 Day 1, Day 2, etc. She'll also create separate tags by rider number if visible.

Today is an important day to remember the tragedies of Sept. 11. Show your colors if you have them with you.

An Inside Joke

Bart: Looked for you in camp all day - are you avoiding me? I think I may have a rash... --Ken

Teamwork Is Beautiful

Daniel: Without your helping hand (push) I would never have made it up that hill - you're the best! --S

Prolific Phil

Bill: It's great to see you and Sam off the front again. --Phil

Phil: I'd play your cards right, mate. That Trish is a keeper --Phil + Jill

Ingrid Saves the Day

Thank you, Ingrid, for finding our bag yesterday! --Kevin and Mary

TODAY'S RIDE

If you've been craving a challenge, today's your day. This is probably the definitive day of this year's ride, in the CO tradition of epic routes. Have we scared you yet? Hope not, because if you take today at your pace, it's going to be a beautiful ride.

We actually start out with 10 miles of mostly downhill, and then we start the up. The first climb covers 18 miles and rises 3,000 feet. At that point the true masochists can tack on 5.7 more miles up to the Hells Canyon Overlook and back. Either way, it's a steep drop down to lunch at the Imnaha River. *(The Forest Service would like us to remind you that the descents cover some rough road - please be careful!)* After lunch,



We know from experience that Joseph loves to see us.

it's a roller coaster featuring three climbs, culminating in the stupendously scenic view of Wallowa Lake, its glacial moraines and the towering Wallowa Mountains of the Eagle Cap Wilderness. Skirt the lake, roll into camp, and find a way to reward yourself for the work you put in today.

